## A Vision for the Future

For years we've worked to offer compassionate, quality care, but our new vision seeks to unite our parish and focus beyond just health care.

In 2019, we created a 501c3 Wellness Foundation to bring together employees, local government entities, social service providers, community health partners, industries, small businesses, schools, and community members to address all aspects of wellness in our



community. To align with our new vision, we are partnering with consultants to help us work collaboratively with these stakeholders to lead initiatives that help people *stay well*.

We kicked-off wellness planning through meetings and feedback sessions. Moving forward, our partners will continue to help us further define how we can create a wellness experience that seeks to heal mind, body, and soul while bringing together people of all ages and backgrounds.

We are truly excited to work together with others in our community to change lives in St. James Parish.

## **OUR VISION**

"Unite the parish by being the community's first choice for all health and wellness needs by leading innovations to make care more convenient, coordinated, comprehensive and advanced in order to offer the very best value."



## Welcome **Dr. Duplantis**

St. James Parish Hospital recently welcomed a new Pain Management Clinic to its growing list of independent specialty clinics. Dr. Keith Duplantis, MD, is now seeing patients in Lutcher in the Medical Plaza next to St. James Parish Hospital.

Dr. Duplantis is an Interventional Pain Specialist with OrthoLA who has served Southeast Louisiana since completing his fellowship training. His educational background includes a fellowship under interventional pain specialist Dr. Charles Aprill, MD, and a Physical Medicine and Rehabilitation Residency at Louisiana State University. Dr. Duplantis has participated in numerous research projects and publications in the field of pain management and has traveled extensively, giving presentations at medical symposiums.

Dr. Duplantis helps patients with pain management issues including post-operative pain, neck and back pain, migraines and more. His pain interventions include Botox injections for migraine relief, spinal cord stem trials, and selective nerve root blocks.

Dr. Duplantis sees patients in Lutcher every other Thursday afternoon in Suite 1500 in the Medical Plaza. Patients can call **985.625.2200** to schedule an appointment.



Office of Quality & Patient Safety The Joint Commission One Renaissance Boulevard Oakbrook Terrace, IL 60181

ONLINE

www.jointcommission.org/contact-us

St. James Parish Hospital complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our facility also provides free language services

Joint Commission:

St. James Parish Hospital is

quality of healthcare services. If

accredited by The Joint Commission (TJC). TJC oversees the safety and

patient care or safety issues were

encourages you to contact hospital

If your concern cannot be resolved

administration at 225.258.5990.

by hospital leaders, contact The

not addressed during your visit, TJC

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement.



This publication in no way seeks to serve as a substitute for professional medical care. Consult your physician before undertaking any form of medical treatment or adopting any exercise program or dietary guidelines.

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1645 Lutcher Avenue Lutcher, LA 70071 www.sjph.org



The St. James Parish Senior Picnic and Health Fair will be held on 5.24.22. Stay tuned for more details and/or updates.

#### Find a Physician: www.sjph.org/find-a-physician-clinic

See Our Services: www.sjph.org/clinical-services

See News and Events: www.sjph.org/news-events



## Large enough to serve, *small enough to care.*



COULSPINE Spring 2022

## MEET OUR **NEWEST** PROVIDER

*See Page 2—* St. James

Parish Hospital welcomes Denise Louque, FNP, to its Family Practice Clinics.

#### **FROM THE CEO**

Our COVID-19 story continued in 2022. We started the year off with record-breaking testing, a surge of positive cases, and a continued commitment to expand vaccinations in our community. My pride for what our staff has accomplished while leading the fight against COVID-19 for the last two years is overwhelming.

Our team managed a pandemic while simultaneously implementing projects that make our services more convenient, coordinated, and comprehensive. In this issue, we welcome a new provider and new clinic while celebrating the "why" behind what we do.

Cheers to health and wellness.

MaryEllen Ratt

Mary Ellen Pratt, FACHE, CEO

### PORTAL UPDATE

As of March 1st, 1682 new Patient Portals have been created.

Your new portal offers many new features to make your experience with us more convenient.







- Patients with recent visits can self enroll at
  - sjph.iqhealth.com/self-enroll



- View your test results
- Pay your bill and more!

If you need help using the portal or you've come in recently and did not receive an invitation to the portal, email portalhelp@sjph.org



ELCOME to the

We are extremely excited to welcome Denise Lougue, Family Nurse Practitioner, to our growing hospital family.

www.sjph.org

"I have a passion for helping the uninsured and underinsured populations in which I work and live. My goal is to make the community a better place."

#### **Denise Louque, FNP**

Denise, a resident of Hester, is a board-certified Family Nurse Practitioner with more than 20 years of experience. Denise earned an Associate Degree in Nursing from El Centro Community College. In 2011, she earned a Bachelor of Science in Nursing from Western Governors University. She served as a registered nurse for 16 years before earning her Master of Science as a Family Nurse Practitioner from the University of South Alabama in 2015.

Denise will offer primary care services at St. James West Bank Clinic in Vacherie and in Suite 1400 at the Medical Plaza in Lutcher.



Call 225.265.3013 to schedule an appointment.

Monday: Vacherie 12pm - 6pm Tuesday: Vacherie 12pm - 6pm Wednesday: Vacherie 8am - 5pm Thursday: Lutcher 8am - 5pm Friday: Vacherie 8am - 5pm

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ALTER

Physical Therapy Patient Nancy Cambre Returns to Share Her Success Story

ST JAMES





Mrs. Nancy Cambre, "rehab grad," eagerly walked into St. James Parish Hospital's new Therapy Center. It was her first time back since she completed her 5-month long physical therapy transformation. She was excited to share her amazing story and catch up with the staff that had truly become family to her during such a difficult time in her life.

Mrs. Nancy's St. James Parish Hospital story started with a visit to our Emergency Room after a bad fall.

"I randomly started falling forward with no warning—it was so scary," said Mrs. Nancy. "After assessing me in the ER, Dr. Kirby told me I needed to see a Neurologist. That's when a nerve study was done and how we found out I had a compressed nerve."

This diagnosis ultimately led Mrs. Nancy to surgery for Peripheral Nerve Release.

Mrs. Nancy's condition caused a drop foot on her left side. After surgery she had to wear a brace to avoid falling. Her surgeon warned her that recovery was difficult. She would need intense therapy and nothing was guaranteed.

"I couldn't pick up my foot at all and barely made it past the door the first time I walked into the Therapy Center after surgery. I felt so defeated and thought 'this won't work,' but my Physical Therapist, Paul Faucheux, encouraged me from day one. He told me that there was hope and that they could help me."

Being able to walk again is important for anyone, but Mrs. Nancy's goal was even more special. "I wanted to be able to walk in my son's wedding—in HEELS—confidently and without the fear of falling."

Mrs. Nancy was in intense physical therapy for months. "When I wanted to give up, they could see I was frustrated and encouraged me through the whole process."

She felt hopeless when she started, but a few months into her program she started to notice improvements.

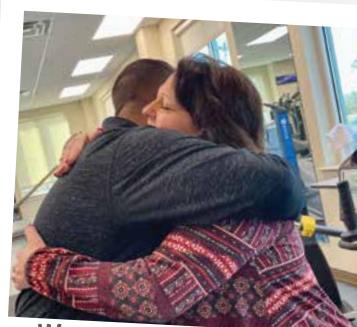
"By the end of my time in physical therapy, I had no issues at all. I could almost run around the place! I couldn't believe it. I was like, 'WOW 5 months ago I was almost crying,' but they kept pushing me and encouraging me." Mrs. Nancy's son got married in October 2021, and she walked down the aisle with confidence wearing her high heels on his special day. Mrs. Nancy's emotional visit ended with hugs as she proudly shared photos of these special moments— moments she believes happened because of her hard work and the therapists at St. James Parish Hospital Therapy Center.

"I told my husband how much I miss therapy and miss the people. They really did become like family to me."

She also talked a possible hand surgery in the future. "I am not sure if I will need therapy, but if I do, I want to

come back here."

## *"I truly think the world of this place and this team."*



We want to be a part of your success story.





**Call 225.258.5934** to schedule a Physical Therapy or Occupational Therapy appointment. Our new therapy center is located in the medical plaza addition next to the hospital.