



**ST JAMES**  
PARISH HOSPITAL

LARGE ENOUGH TO SERVE, SMALL ENOUGH TO CARE.



*Home*  
**away from** *Home*  
*Skilled Care, Close-to-Home*

# ACTIVITIES

We encourage patients to participate in activities. Group events such as bingo games and birthday parties may be planned throughout your stay, but we also welcome you to bring your favorite activities from home.



## NURSING 225.258.5973

- We are here to help you meet your goals for discharge and encourage self-motivated activities to promote your independence.
- An inpatient doctor and nurse practitioner are also part of the care team that will make regular rounds and monitor your progress.
- We will help with activities of daily living (toileting, self-feeding—meals out of bed, oral hygiene, dressing, bathing, bed mobility, sitting in chair, etc.).

## THERAPY 225.258.5935

- We provide comprehensive Rehab Therapy (physical, occupational and/or speech).
- Our goal is provide personalized therapy to return you to your highest level of function.
- Therapy typically occurs in the morning. We encourage a family member to observe treatment sessions to better understand how to assist you once you are discharged.

## HOUSEKEEPING 225.258.5973

- We take pride in helping to ensure your living space is clean and sanitized on a regular basis.
- We encourage you to contact the nurses' station by pressing the red call button for additional housekeeping and maintenance needs (empty trash, clean up spills, etc.)

# Expectations from your Care Team

## CASE MANAGEMENT 225.258.5936

- Our Case Manager and Social Worker will coordinate your admission here and discharge to the destination of your choice (home, in-patient rehab, nursing home, assisted living or a long term nursing facility).
- Throughout your stay, we will communicate your progress with a designated family member or contact person of your choice.
- We will host weekly Care Team Meetings with you, your clinical care team and a designated family member/contact. It is very important that a family member attend for us to discuss your plan of care.
- As needed, we will provide your insurance company with clinical updates to obtain further approval of your stay.
- If you need to follow-up with a specialist during your stay, we will schedule appointments and help you coordinate transportation.
- When you are being discharged, we will schedule follow-up appointments and work to fulfill your equipment needs.

## AREA

Our facility is conveniently located directly off of I-10 in between New Orleans and Baton Rouge—a quick drive away from a vibrant city life in either direction.

Lutcher is a beautiful, close-knit community with nearby access to historic plantations and public parks.





# *Family* **Expectations**

Having an involved family member throughout your stay is vital to your success. Family members are encouraged to observe therapy treatments, ask questions and make appropriate arrangements for your discharge from the hospital.

## **1. YOUR ADMISSION**

At this time you and your family meet your care team and discuss your initial plan of care.

## **2. WEEKLY CARE TEAM MEETINGS**

Here we discuss your progress, plans and goals moving forward. Questions are welcome.

## **3. YOUR DISCHARGE**

You and your family can ask questions about your medications, level of function, equipment and follow-up instructions to ensure your progress is maintained outside of the hospital.





# CHECKLIST

## for Checking in

*We want you to feel at home as you heal. Tear and use this list as a guide when preparing to join us.*

- Home medication list or medicine bottles
- Comfortable clothing and preferred undergarments
- Closed-toe shoes with a back
- Walker or rollator (if used currently)
- Home activities (word puzzles, books, hand-held electronics & chargers)
- Personal care toiletries (hair supplies, make-up, hygiene products)
- Choose a Primary Contact Person for hospital communications



# AMENITIES

*We want your stay to be comfortable and enjoyable as we help you meet your health goals. For additional information, refer to your admission folder or or contact the nurses' station.*

- Daily mail services
- Semi-private courtyard (Healing Garden)
- Charming Chapel
- In-Room Religious Services (optional)



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**1645 Lutchter Ave. | Lutchter, LA**  
**225.869.5512 | [www.sjph.org](http://www.sjph.org)**

*This institution is an equal opportunity provider and employer.*