



# ST JAMES PARISH HOSPITAL PATIENT PORTAL

*Need your doctor, but can't come in? Telehealth visits are now integrated into your St. James Parish Hospital Patient Portal. See the step-by-step guide below.*



## How to schedule a virtual visit:

1. Log in to your portal at [sjph.iqhealth.com](http://sjph.iqhealth.com) or open the HealthLife App.
2. Click "Schedule an Appointment."
3. Choose "Established Patient-Telehealth."
4. Pick a location and view appointment options:
  - a. **Family Practice Clinics (Lutcher)**  
Dr. Jerry Poche, Dr. Randall Poche, Dr. Dylan Poche, Dr. Cullen Omond, or Denise Louque, FNP
  - b. **Ugent Care Nurse Practitioner**
  - c. **West Bank Clinic (Vacherie)**  
Dr. Jarelle Scott or Denise Louque, FNP
5. Choose a day/time and schedule.

## The day of your appointment:

**1** Log into your portal 15 minutes before your appointment.

**2** Click "Menu."

**3** Choose "Appointments."

**4** Click "View Upcoming Appointments."

**5** Click the blue "Join Now" button.



## TIPS

Remember to ALLOW ACCESS to camera and microphone, and choose a quiet, well-lit area for your appointment.